



Volunteering with FiSH Update – April 2022

We are grateful to all volunteers for their time and energy given in so many different way – but we know that circumstances and interests change over time and. We would be most grateful if you could kindly complete this form and return it to Linda Dutton by post, email or by hand as soon as possible. Please do be realistic... you don't have to tick every box!

Name:
Address:
Phone:
Mobile:
Email:

- Yes! I am still available as a volunteer
- Sorry, I am no longer available as a volunteer
- I am no longer available as a Volunteer but would like to stay on your mailing list
- The time has come for me to retire, but I would like to stay on your mailing list
- I might need some help myself in the not too distant future. Please transfer me to the members list

I am generally available at the following times:

Day	AM	PM
Monday	<input type="checkbox"/>	<input type="checkbox"/>
Tuesday	<input type="checkbox"/>	<input type="checkbox"/>
Wednesday	<input type="checkbox"/>	<input type="checkbox"/>
Thursday	<input type="checkbox"/>	<input type="checkbox"/>
Friday	<input type="checkbox"/>	<input type="checkbox"/>
Saturday	<input type="checkbox"/>	<input type="checkbox"/>
Sunday	<input type="checkbox"/>	<input type="checkbox"/>

In recent months FiSH has asked me to help:

- Too often
- Not often enough
- About right

My preferred phone number is my:

- Landline Mobile

In the event of illness or accident whilst I am on duty with FiSH, please contact:

Name:
Phone:
Relationship:

Signature:
Date:

My involvement with FiSH

Activity	Used to do	I do now	Would like to do
Helpline (<i>answering the phone, matching jobs with volunteers</i>)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Shopping via Helpline	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Car driving (local) via Helpline	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Car driving more distant / central London	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Handyperson via Helpline	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Gardening via Helpline	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
IT (setting up phones, TVs etc)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Bus Escort on Shopping Bus	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Bus Escort for outings	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Minibus Driving (D1 category on licence needed)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Befriending (face to face)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Befriending (telephone)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Retro Clubs (dementia)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Picassos in the Park (dementia art classes)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Singing for the Brain (dementia)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Coffee Corner	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Lunch Clubs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Bridge Club	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Choir	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Parkinson's Group	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
MeetUpMondays (Hare & Hounds)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Tuesday Talks	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Wednesday Walks	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
StarFiSH Dance Classes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Shopping 1:1	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Walks 1:1	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Home Organisation / Decluttering	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Baking	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Catering	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Ebay Fundraising	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Envelope Stuffing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Special Events	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

I would be happy to register with vHelp so that shopping I do for clients via the Helpline can be reimbursed by direct debit. Please send me details.

Yes No Already Registered

Transport

I do not have a car	<input type="checkbox"/>
I travel everywhere by bike	<input type="checkbox"/>
I travel everywhere on foot	<input type="checkbox"/>
My car is no longer ULEZ compliant	<input type="checkbox"/>
I am willing to use my car as a FiSH volunteer	<input type="checkbox"/>
I have Fully Comprehensive Insurance	<input type="checkbox"/>
My car has 2 doors	<input type="checkbox"/>
My car has 4 doors	<input type="checkbox"/>
Car make & model:	

I have experience of:

Helping people who live with dementia	<input type="checkbox"/>
Helping people who use wheelchairs	<input type="checkbox"/>
Caring for a family member	<input type="checkbox"/>
Bereavement support	<input type="checkbox"/>
First Aid qualification (current)	<input type="checkbox"/>

Do you have professional skills/hobbies you would be willing to share with FiSH?

Admin / Clerical	<input type="checkbox"/>
Bookkeeping / Accounting	<input type="checkbox"/>
Catering	<input type="checkbox"/>
Fundraising	<input type="checkbox"/>
IT – helping clients (routers, Zoom, mobile phones etc.)	<input type="checkbox"/>
IT – helping FiSH (internet, phone, licences, contracts etc.)	<input type="checkbox"/>
Music	<input type="checkbox"/>
Photography	<input type="checkbox"/>
Social Media	<input type="checkbox"/>
Sound / AV Systems	<input type="checkbox"/>
Video / Film Making	<input type="checkbox"/>
Web Design / Maintenance	<input type="checkbox"/>
Charity Trustee	<input type="checkbox"/>
Other	<input type="checkbox"/>

Next...

FiSH arranges regular training sessions for volunteers. Please indicate which sessions you have either done or would be interested in doing:

Course	Have done	Would like
Dementia Friends	<input type="checkbox"/>	<input type="checkbox"/>
Basic First Aid	<input type="checkbox"/>	<input type="checkbox"/>
Mental Health Awareness	<input type="checkbox"/>	<input type="checkbox"/>
Moving & Handling (people not boxes!)	<input type="checkbox"/>	<input type="checkbox"/>
Minibus Driving	<input type="checkbox"/>	<input type="checkbox"/>
Listening	<input type="checkbox"/>	<input type="checkbox"/>
Safeguarding	<input type="checkbox"/>	<input type="checkbox"/>

Is there any other training you think FiSH should provide for volunteers?

When matching you as befriender, it really helps us to know about your hobbies and interests:

- Art
- Cooking
- Crafts
- Current Affairs
- DIY
- Gardening
- Music
- Reading
- Sport
- Travel
- Other

Languages:

- Arabic
- French
- German
- Italian
- Spanish
- Portuguese
- Polish
- Other

Do you receive the monthly newsletters sent out to Volunteers by email:

Yes No
If no, please check your Spam filter!

Do you find them:

Interesting Boring
 Helpful Too Long

Do you find the weekly Helpline jobs list:

Helpful Stressful

Any other comments about volunteering with FiSH?

Please return this form to:

Linda Dutton
FiSH Office, Barnes Green Centre, Church Road,
Barnes SW13 9HE
info@fishhelp.org.uk

Forms can also be dropped off at 36 Christchurch Road, East Sheen SW14 7AA if that would be more convenient for you.

Thank you!