



FiSH Neighbourhood Care

a limited company registered in England and Wales no 07933796
and a registered charity no 1147516

ANNUAL REPORT AND FINANCIAL STATEMENTS
for the year ended
31 March 2026

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COMPANY INFORMATION

for the year ended 31 March 2026

TRUSTEES AND DIRECTORS

The trustees are, for the purposes of company law, directors of FiSH Neighbourhood Care and, for the purposes of charity law, also its trustees. All trustees, unless otherwise stated, served throughout the year and at the date of signing this report are:

Richard Williams	Chair
Christopher Bray	Appointed 3 March 2026
Stephen Chapman	Appointed 4 June 2025
Jean-Louis M Evans	Retired 22 July 2025
Jonathan Haynes	
Sue Nix	Vice Chair
Melanie L Payne	Retired 22 July 2025
Anne Raikes	Treasurer
John Randel	Appointed 9 September 2025
Kate Rennoldson	
Cheng Yoe	

DIRECTOR OF THE CHARITY

Arlene Coutts

PRINCIPAL AND REGISTERED OFFICE

Barnes Green Centre
Church Road
Barnes
London
SW13 9HE

INDEPENDENT EXAMINER

J D Blythe FCA
206 Upper Richmond Road West
London
SW14 8AH

WEBSITE

www.fishhelp.org.uk

CHAIR'S INTRODUCTION

As I was reflecting on the year for this introduction, I thought about how every day in the FiSH calendar seems jam-packed with activities, outings, events and more. So, I asked our FiSH staff to provide me with a complete list of the activities and outings we provided for FiSH members over 12 months.

The response frankly blew me away. I already knew it would be impressive, but this exceeded my expectations. It's a lot to detail in a report such as this but I think it speaks for itself. So, here it is: the FiSH events, activities and accessible bus outings organised by FiSH staff for members (and carers) during the past 12 months:

Regular weekdays: Mon: Meet up Monday, St. Paul's Prep School Board Games

Tues: Tuesday Talk (usually 50+ people). Picassos in the Park Art Therapy

Weds: Shopping Bus, Coffee Corner; Twice a month: FiSH Bridge; Once a month: The Reader, Walshingham Lunch

Thurs: Singing for the Brain, Good Afternoon Choir

Friday: StarFiSH Exercise Class; Every two weeks: Retro Club; Once a month: Parkinson's Lunch at the Red Lion

In addition to the regular weekday activities, FiSH staff organised the following:

Parkinson's Thames Boat trip x 2, Olivia's Garden tea, Ann's 100th tea, Macmillan Greatest Tea Party, VE Day Special Tea, Carers Tea (unpaid and family carers) and information at BGC, St. Mary's Coffee Morning x 2, Remembrance Concert and Tea, Holly Lodge Xmas Outing, Christmas Lights and Battersea Park, Christmas Rose Theatre 'Cinderella', Viera Gray to London Lights Trip, Sheen and Barnes Christmas in the High Street, FiSH Xmas Carol Concert, Xmas Cracker with St. Paul's Prep boys, FiSH and Age UK Xmas Lunch, Art Reminiscence Group, Stepping Stones Pub Lunch, Pitzhanger Museum Trip, Kilmorey Mausoleum Trip, Special pop-up retro concerts during Barnes music festival x 3, Squires Garden Centre Trip x 2, Isabella and Pembroke Lodge Outings, Toby Carvery Lunch x 3, Gunnersbury Park and Museum trip, Gardening Days Telegraph Putney Heath Pub Lunch x 2, Richmond Museum Trip, Morden Hall Park Trip, Cannizaro Park and Wimbledon Windmill Trip, Anchor Pub Lunch, Buckingham Palace Outing, Olympic Cinema Trip, Denbies Wine Estate Trip, Swan Pub Lunch, Savill Garden, Windsor, Watts Gallery Artists Village, Garson's Farm Trip Sheen Open Gardens, OSO Sound of Julie, Leighton House Trip, Olympic Film: Thursday Murder Club, Holly Lodge Art and Craft workshops in Richmond Park x 4, Brooklands Museum, Poppy Factory, Strawberry Hill House, Chessington Garden Centre and Circus, St. Stephen's Walbrook & Mithraeum, Lass of Richmond Hill Lunch, Cinema Museum, Kennington, Kensington Palace Trip.

All that – and it even doesn't include the numerous individual tasks for members that our daily helpline arranges, such as shopping, DIY, gardening and IT help, lifts to medical appointments, therapy and so on.

One of our highest priorities must be to ensure that we have sufficient stable funding for our future.

Therefore, it was disheartening to learn that our largest donor has decided not to continue funding FiSH at this stage, due to a refocus of its priorities. As a result, we may have to dip into our reserves. Our former funder says they are now focused on “deprivation”. Whilst we can agree that most of our members do not fit a classic definition, we would argue that many could be described as deprived in so many other ways. Deprived of company when their partner passes away. Deprived of the ability to do their own shopping as their mobility diminishes. Or even deprived of life memories as they develop early-stage dementia. FiSH exists to offer a helping hand to all of them, and long may we continue to do so. We will of course do all we can to fill any gaps in funding.

In rather more positive news, I’m pleased to say that costs remain well-contained and revenues were up due to generous individual donations and a large one-off contribution through a local club. We are enormously grateful to our donors and supporters, whose contributions enable FiSH to deliver such a broad and meaningful programme of work. This year our sincere thanks go to: The Mercers Charitable Foundation, The Barnes Fund, Richmond Foundation, Friends of Barnes Hospital, Elizabeth and Prince Zaiger Trust, Caroline Clarke, The Inman Charity, Tower House School, Home Instead, and Kaye Pemberton Charitable Trust for their support this year. We’re also inspired by the local community’s support—from churches, schools, and businesses to young entrepreneurs such as Ned and Will Battersby of Barnes and Tom and Zac from East Sheen, who once again donated a portion of their Christmas tree sales to FiSH. Also, to local hairdresser Glynn Miller who organised (his dog) Tod’s sponsored walk around Jersey to raise funds for FiSH, plus Barnes Charity Fashion Show for their contribution. And to Barnes Artists for their continuing support. We must also give a special mention to Claire Martin and Justin Thesiger, who as this year’s Roehampton Club Golf Captains chose FiSH as their charity of the year. We’d like to thank them for giving FiSH the opportunity to seek not only donations but also to recruit new volunteers including a new volunteer bus driver. We were delighted to receive a cheque from the club for £28,656.

Our vision – and one that has endured for 63 years - remains to inspire a caring community where older people live fulfilling, independent lives in their own homes for as long as possible. We aim to combat loneliness and social isolation in Barnes, Mortlake and East Sheen by connecting our community through a volunteer network that offers friendship, practical assistance and support. As the evidence shows, our residents are living longer, often with chronic or multiple conditions. The increase in dementia cases among those aged 65 and over in the borough is projected to rise sharply – by almost 60% in the next 15 years, according to the London Borough of Richmond upon Thames. With this in mind, the challenge for FiSH Neighbourhood Care is not only to maintain our vital services but to adapt them to respond to the likely increase in demand.

ANNUAL REVIEW

Demand for our services remains high. As already mentioned, the FiSH team, together with our bus drivers and volunteers, have once again produced a huge variety of events and outings, a mix of the familiar and the new. I’d like to give further details here:

- *Accessible bus transport:* Our 3 buses and transport team are crucial to the running of FiSH and very few of our activities would happen without them. Our 4 staff drivers, 11 volunteer drivers and many volunteer bus escorts help to run weekly group shopping trips, regular group outings, plus transport to FiSH activities at Barnes Green Centre and other venues. We also hire our buses regularly to many other local charities.
- *Telephone helpline:* Run by our volunteers and available every weekday, members can call to request volunteer assistance with transport to FiSH events, activities, medical and other appointments. Also shopping, errands, IT help, gardening and more.
- *Social and therapeutic activities:* Meet up Mondays, Tuesday Talks, FiSH choir, exercise classes, bridge group, Parkinson's group plus activities for those with early-stage dementia including Picassos in the Park art therapy, Singing for the Brain and Retro Club.

Interest in activities designed for people living with early-stage dementia continues to grow, mirroring national trends and those within our borough. **Picassos in the Park**, our weekly art therapy session, remains a highlight. Similarly, **Singing for the Brain** is regularly at full capacity, and is a favourite in the FiSH weekly schedule. This year we're delighted that Leah Hickie from St. Paul's Prep School has taken over as our music lead for Singing for the Brain. Leah donates her time and we are very grateful. There was big excitement one week when famous singer and Barnes resident Michael Ball arrived unannounced to sing along with the members (thanks to Andrea and Leah from St. Paul's Prep School!). The **Retro Club** in East Sheen continues to offer a welcoming space, where members come together with a team of FiSH volunteers, for conversation over tea served in vintage china. We also held several special dementia concerts in partnership with the Harrodian School Choir and the Barnes Music Festival. Unpaid and family carers are now firmly included in many of our plans. Those who attend our singing and art therapy often tell us how much they enjoy being part of it, and that it can provide a break for them too.

This year we introduced a new activity "**The Reader**" – which has quickly become a firm favourite with our members. It's a very sociable session, where members read aloud from a short story and talk about it to the group. Our **FiSH News** magazine remains an important source of information but also as a prompt for members to book onto new events and outings. Our weekly **Tuesday Talks** meetings are well-attended, with guest speakers covering a diverse range of topics – from how to live with dementia, osteopathy for joint issues and how to spot scams, to VE Day history, travel in China, the changing face of London through the centuries, and Richmond's trailblazing sportswomen.

Our "intergenerational" projects are expanding - linking FiSH members with young pupils from local schools such as St. Osmund's Primary School. This year, Tower House School in Sheen were also keen to get involved and invited our centenarian members to attend a wonderful VE Day Tea sharing their experiences of living through WW2. This was followed in November with a very moving Remembrance tribute performance involving the boys and six of our members in their 90s and 100s presented in the school hall. We were delighted that their school choir could join our Carol Concert at Christ Church. Intergenerational relationships continued to flourish through our long-held **Games Afternoons** - weekly at St. Paul's Prep School. We are extremely grateful to St. Paul's for their ongoing support of FiSH.

Our Open Gardens afternoon 2025 was based in East Sheen. We were lucky with the weather and had a fabulous afternoon, which included Pimm's, cream teas and live music in one of the gardens. It was a lovely day, with grateful thanks to our garden owners, our volunteers and those who came to visit the gardens.

Our work is only possible thanks to our dedicated team of volunteers, whose tireless efforts underpin so much of what we do. The trustees and staff look forward to thanking them personally at our next volunteers' celebration.

I, and my fellow trustees, also wish to thank our staff - Arlene, Liz, Deborah, Sally and Laura. They are incredibly hard-working, committed and dedicated to helping FiSH members and their families. We are indebted to them, as we are to our staff bus drivers Annie, John, Ann, and Chris.

Finally, as we look back on this past year – and that impressive list of activities and outings - we feel immense pride in what has been achieved and deep appreciation for everyone – members, staff, bus drivers, volunteers and supporters – who make FiSH the lively and nurturing community it is.

A handwritten signature in black ink, appearing to read 'R Williams', with a stylized, flowing script.

Richard Williams
16th June 2026

ANNUAL REPORT OF THE TRUSTEES

for the year ended 31 March 2026

The trustees of FiSH Neighbourhood Care (the "Charity") present their annual report and the financial statements of the Charity for the year ended 31 March 2026 and confirm that they comply with the requirements of the Charities Act 2011, the Charities SORP (FRS 102), the Companies Act 2006 (applying the requirements and using the exemptions for small companies) and the Memorandum and Articles of Association of the Charity. This Annual Report contains the information which would be contained in a directors' report for a small company as required by company law. The information contained in the Chair's Introduction forms part of the Annual Report.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Status and Constitution

The Charity is a private company limited by guarantee without a share capital. It was incorporated in 2012 and is registered in England and Wales under the Companies Act 2006 (company number 07933796).

The Charity is registered with the Charity Commission for England and Wales (registration number 1147516). It is the successor to unincorporated charities established for similar purposes in SW13 and SW14 as far back as 1963.

The constitution and charitable objects of the Charity, and the regulations concerning its management, are embodied in its Memorandum and Articles of Association. The trustees govern the Charity in accordance with its Articles of Association.

Our Articles of Association, Annual Accounts and other legal filings are available for inspection through Companies House and the Charity Commission for England and Wales.

Trustees, Officers and Advisers

Details of trustees, officers and advisers are set out on page 3. Further information on the current trustees is given on our website.

Appointment and re-appointment of trustees

Trustees are elected by either the Board of Trustees or by Company Members of the Charity (and where the trustees make an appointment that person is subject to reappointment by the Company Members at the following AGM). Trustees are not remunerated for their service as trustee. Appointments are for a term of three years, with the possibility of reappointment for a further term of up to three years.

The Board's policy is that as a general rule the Board should usually have between eight and twelve members, and that in normal circumstances two new trustees should be appointed in each financial year. The board meets four times a year and holds an Annual General Meeting (AGM). Committees meet between these times. The current committees are: Finance, Funding and Transport. The Board has recently reinstated the General Purposes Committee which has, inter alia, responsibility for overseeing Governance and Risk.

Our Articles of Association provide that as far as possible when nominating trustees for election regard shall be had to the importance of reflecting a balanced representation of the whole of the area where the Charity operates. As at 31 March 2025, six trustees had a relevant Barnes connection, one had a relevant Mortlake and two an East Sheen connection.

Induction and training of trustees

In addition to knowledge gained through attendance at meetings, trustees are provided with initial briefing material on the Charity's activities as well as their legal obligations under charity and company law and on the content of the Memorandum and Articles of Association. There is an annual audit of trustee skills. Trustees undertake additional training when appropriate.

Organisational management and staffing

The Board of Trustees meets regularly, usually quarterly, to determine strategy, set objectives and targets, consider the risks facing the Charity, agree policies, take major decisions, and review performance and achievement. In the year to 31 March 2026 the Board of Trustees held four meetings. The trustees have reviewed the public benefit guidance published by the Charity Commission for England and Wales and consider that FiSH's operations comply with these guidelines.

The day-to-day running of the Charity is delegated to the Director, who carries out the policies of the trustees as determined at meetings of the Board of Trustees and set out in the Strategic Plan. The Director reports to the Chair on day-to-day matters and provides regular reports to the Board of Trustees.

The Charity works closely with other local organisations, in particular Age UK Richmond in relation to delivery of Richmond Council's Community Independent Living Scheme (CILS) and activities at Barnes Green Centre. Additionally, we work with Richmond and Kingston Accessible Transport ("RaKAT") for accessible minibus transport services. The Charity also has mutually beneficial relationships with similar local charities, some of which regularly hire our accessible buses for their activities.

As of 31 March 2026, the Charity employed five staff members, three of whom work part-time. RaKAT provides the services of four part-time accessible bus drivers who support our operations. FiSH also recruits volunteer minibus drivers who receive appropriate training by RaKAT to support the Charity's wide range of services. (The relationship with RaKAT is explained further in note 4 to the accounts). In total there are more than 200 FiSH volunteers.

OBJECTIVES AND ACTIVITIES

The charitable objects of the Charity are to promote any charitable purpose for the benefit of the inhabitants of the London Borough of Richmond upon Thames, in particular for those residents in Barnes, Mortlake and East Sheen, and of surrounding areas in adjacent London boroughs, in particular by providing assistance and care to relieve the needs, distress or suffering of those inhabitants.

REVIEW OF ACHIEVEMENTS AND PERFORMANCE FOR THE YEAR

Calls to our helpline remained high. As a result, over 3,750 jobs were assigned to volunteers. Most helpline jobs involve the combination of – at the very least – the helpline who

coordinates the job, a volunteer and the member making the request, but often also includes a member of staff and a bus driver too when needed.

FiSH buses undertook 8,888 passenger journeys (8,548 in 24/25), an increase from the previous year. This reflects both greater participation in FiSH activities and greater use of our fleet by other charities.

Attendance to our Tuesday Talks increased to 2,238, up from 2,014 in 2024/25, showing a growing demand for activities which provide opportunities for socialising with other members.

Volunteers continue to undertake crucial shopping deliveries 1,391 (1,178 2024/25). This steady level of support remains very important for members who are unable to shop independently.

Volunteers undertook 3,058 transport requests in their own vehicles (3,038 2024/25), driving an estimated 13,816 miles.

FiSH Helpline volunteers and helpline operator volunteers together gave over 4,053 hours of their time over the year to fulfil requests.

Note: This does not include volunteer time given for other events or activities or for bus driving and escorting, befriending, cake-making, helping with bridge, pub lunches, serving teas, and helping and supporting at all our many events and activities.

Our membership grows through direct contact (often by relatives) and new referrals from medical professionals, health and social services, as well as Ruils, Age UK and the Alzheimer's Society.

PLANS FOR THE FUTURE

In accordance with the Strategic Plan, we continue to focus resources on where they are most needed, recognising that we cannot meet all demands placed upon us. Our intention is to operate sustainably and seek partnerships and collaborations with other organisations to extend our reach.

The trustees are very conscious of the current economic climate. FiSH has a broad range of donors, members and activities which provide diversified sources of income. However, there are constraints on all these sources which, together with above-inflation increases in

expenditure, heighten the risk to our financial performance. The trustees anticipate that the economic position will continue to be uncertain and may require any future deficit to be met from reserves.

The trustees have continued to prioritise fundraising to meet the requirements of both our forecast deficit and to ensure that our minibuss fleet remains current. The trustees do not currently have plans to reduce our valuable services, but we keep this under regular review.

Trustees are also aware of the Charity's reliance on the funding provided either directly or indirectly by the London Borough of Richmond upon Thames (the "Council").

FINANCIAL REVIEW AND RESULTS FOR THE YEAR

The results for the year are set out in the statement of financial activities on the pages that follow.

FiSH's receipts were £288,428 (2025: £240,389) with the result that, after total costs of £256,347 (2024: £221,512), there was a surplus of £32,081 (2025: £3,084). FiSH incurs no rental charges; rent due to Age UK is reimbursed by London Borough of Richmond upon Thames.

As a result of this, at 31 March 2026, total reserves amounted to £197,060 (2025: £164,979) all of which are unrestricted.

Items to note:

- Costs generally, including staff costs, were higher, reflecting inflation.
- FiSH was extremely fortunate to be Roehampton Golf Club's charity of the year. An astonishing £28,593 was raised which contributed to a total income from donations of £181,396 (2025: £139,389) This single, one-off donation accounts for almost all of the surplus for the year.
- FiSH benefited from a number of generous and unexpected donations in the year. The Elizabeth and Prince Zaiger Trust donated £7,000, Caroline Clarke donated £3,000 towards Picasso Art sessions in addition to almost £2,000 earlier in the year, £3,051 was raised by Tod's Walk.
- FiSH Sheen Open Gardens once again benefited from a sunny day and raised £16,302 after costs (2025: £15,802).

Funding:

FiSH funds its work through contributions from:

- local and national charitable trusts: FiSH is grateful for the encouragement it receives from these trusts as well as their regular financial support
- Richmond Council through its Community Independent Living Service (CILS) contract and its support of community accessible transport

- FiSH members and users, FiSH volunteers, and individual FiSH supporters through their voluntary donations of cash, time and skills, including:
- partnerships with local businesses, schools, churches and community groups
 - its annual membership fee
 - legacies received.

We thank everyone for their contributions.

Donations received by FiSH may be restricted to purposes specified by donors or unrestricted, in which case the donations may be used for any purpose, including the running costs of FiSH, as determined by the trustees.

RESERVES

FiSH uses its financial resources in the delivery of its charitable activities while maintaining appropriate reserves and provisions in line with existing policies, changing circumstances, and its expectations on fundraising.

Trustees regularly review and update the reserves policy of FiSH to reflect both the general economic situation and FiSH's particular circumstances. FiSH is a unique and valuable charity which serves the growing needs of the local community, and which must therefore plan to provide those services for the foreseeable future.

Trustees consider that FiSH requires reserves sufficient to smooth any shortfall in income in the short to medium term while maintaining services. We have modelled a range of outcomes and on average a general reserve of 50% of expected expenditure will meet our strategic deliverables. The trustees acknowledge that FiSH may need to budget a shortfall in the short to medium term and are taking steps to secure further sources of funding.

	2026 £	2025 £
General Reserve	191,962	159,881
Designated Reserve - minibus replacement	5,098	5,098
Total Unrestricted Reserves	197,060	164,979

£5,098 remains in the minibus replacement reserve after payment in full for a new minibus in 2025. FiSH has not at this point committed any material funds towards bus replacement.

There are currently no amounts that can be realised from the disposal of tangible fixed assets or investments.

All reserves are held in cash in short-term investment accounts with CCLA or with reputable banks with minimal risk attached, any new accounts being agreed to in advance by the Board of Trustees.

STATEMENT OF TRUSTEES RESPONSIBILITIES

The trustees (who are also directors of the Charity for the purposes of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The trustees are required to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the Charity and of the income and expenditure of the Charity for that period in accordance with applicable law. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently
- observe the methods and principles in the Charities SORP
- make judgments and estimates that are reasonable and prudent
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in business.

The trustees are responsible for the Charity keeping accounting records that are sufficient to disclose with reasonable accuracy at any time the financial position of the Charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Board of Trustees on 16th June 2026 and signed on their behalf by:

Richard Williams
Chair and trustee

Anne Raikes
Treasurer and trustee

REPORT OF THE INDEPENDENT EXAMINER

for the year ended 31 March 2026

Respective responsibilities of trustees and examiner

The Charity's trustees are responsible for the preparation of the accounts. The Charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 ("the Charities Act") and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view, and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention to indicate:

- that accounting records have not been kept in accordance with section 386 of the Companies Act 2006;
- that the accounts do not accord with such records;
- where accounts are prepared on an accruals basis, whether they fail to comply with relevant accounting requirements under section 396 of the Companies Act 2006, or are not consistent with the Charities SORP (FRS 102);
- any matter which the examiner believes should be drawn to the attention of the reader to gain a proper understanding of the accounts.

J D Blythe FCA,
206 Upper Richmond Road West, London SW14 8AH
16th June 2026

STATEMENT OF FINANCIAL AFFAIRS
INCLUDING INCOME AND EXPENDITURE ACCOUNT
for the year ended 31 March 2026

	Unrestricted Funds £	Restricted Funds £	2026 £	2025 £
Income				
Grants and donations	184,258	5,000	189,258	129,809
Local authority grant	26,032	-	26,032	25,809
Legacies	8,477	-	8,477	16,112
Events & activities	36,260	-	36,260	41,895
Transport	11,726	-	11,726	7,495
Bank interest received	6,949		6,949	9,529
Sundry other income	9,726	-	9,726	9,740
	283,428	5,000	288,428	240,389
Expenditure				
Employment	154,104	-	154,104	148,021
Transport	30,442	-	30,442	25,462
Marketing		-		135
Events & activities	34,320	5,000	39,320	39,084
General administration	32,481	-	32,481	24,603
	251,347	5,000	256,347	237,305
Net incoming resources	32,081	-	32,081	3,084
Reserves brought forward	164,979	-	164,979	161,895
Reserves carried forward	197,060	-	197,060	164,979

All of the above results are derived from the continuing activities. There were no recognised gains or losses. Movements in funds are disclosed in the notes to the financial statements.

The notes on pages 18 to 20 form part of these financial statements.

BALANCE SHEET
as at 31 March 2026

	Note	2026		2025	
		£	£	£	£
Current assets					
Cash		76		405	
Bank Balances		196,842		227,097	
Debtors	5	17,164		15,937	
		214,082		243,439	
Current liabilities	6				
Balance due on new bus		-		66,800	
Creditors		17,022		11,660	
		17,022		78,460	
Net current assets			197,060		164,979
Total net assets					164,979
The funds of the Charity					
Unrestricted	2		197,060		164,979
Total Charity funds			197,060		164,979

The financial statements, which have been prepared in accordance with the provisions applicable to companies subject to the small companies regime, were approved and authorised for issue by the Board on 16th June 2026 and signed on its behalf by:

Richard Williams
Trustee

Anne Raikes
Trustee

The notes on pages 178 to 202 form part of these financial statements.

NOTES TO THE FINANCIAL STATEMENTS

for the year ended 31 March 2026

1. Accounting policies

(a) Accounting convention

The financial statements have been prepared in accordance with "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with Financial Reporting Standard applicable in the UK and Republic of Ireland" (FRS 102) and the Companies Act 2006.

The financial statements have been prepared under the historic cost convention.

(b) Income

Income received by way of donations is taken into account in the period in which the income is received, unless the donor specifies the period over which it is to be spent in which case the proportion of the income relating to future periods is deferred and recorded as a liability. All other income is accounted for on an accruals basis.

For legacies, entitlement is taken as the earlier of the date on which either: the Charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor(s) to the Charity that a distribution will be made, or when a distribution is made from the estate. Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably and the Charity has been notified of the executor's intention to make a distribution.

Where legacies have been notified to the Charity, or the Charity is aware of the granting of probate, and the criteria for income recognition have not been met, then the legacy is treated as a contingent asset and disclosed if material.

Where monies are received which are refundable in the event that conditions attaching to the receipts of the monies are not met by the Charity, such monies, together with related interest accruing to them, are treated as deferred income until the conditions have been met.

(c) Expenditure

All expenses are accounted for on an accruals basis.

(d) Rent

Rent for the use of Barnes Green Centre is paid quarterly in advance. This is then reimbursed by Age UK, which has itself received a grant for this from the London Borough of Richmond upon Thames.

(e) Taxation

The Charity is a registered charity, and as such claims tax exemptions from all its United Kingdom income and gains, properly applied for its charitable purposes.

The Charity is not registered for VAT, and as such, all expenditure is shown inclusive of irrecoverable VAT.

(f) Pension Contributions

The Charity contributes to a defined contribution pension scheme on behalf of eligible employees. Under the terms of this scheme, the Charity made contributions to the scheme at the rate of 3% of gross salaries on behalf of two of its employees in the year ended 31 March 2025, who in turn contribute at the rate of 5%. The amount charged in the statement of financial affairs represents the contributions payable to the scheme by the Charity in respect of the accounting period.

(g) Fixed Assets

The Charity has no fixed assets. Minor items of capital expenditure are expensed on purchase.

During the year ended 31st March 2024, the Charity committed £88,119 to the purchase of a new bus as a replacement for one of the three buses that RaKAT currently own and operate exclusively on behalf of FiSH. The initial cash payment of £21,319 was made in 2023/24, and the outstanding balance (£66,800) is due in 2025/26.

The accounting values of the three buses are treated as restricted funds in the RaKAT CT accounts, and there is a formal agreement between FiSH and RaKAT CT covering their cooperation. Should the agreement between the two parties come to an end, the ownership of the buses would be transferred to FiSH.

(h) Funds

Restricted funds comprise income funds subject to specific trusts arising either from the donor's wishes or the terms of a particular fund-raising initiative. Unrestricted funds comprise the Charity's funds expendable at the discretion of the trustees.

(i) Financial Instruments

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Cash at the bank is held in bank current accounts to which the Charity has immediate access.

2. Analysis of movement in Funds

	Balance at 1 April 2025 £	Income £	Expenditure £	Balance at 31 March 2026 £
Restricted Funds				
Retro cafes	-	5,000	(5,000)	-
	-	5,000	(5,000)	-

Unrestricted Funds				
Free Reserve	159,881	283,428	(251,347)	191,962
Designated bus Reserve	5,098	-	-	5,098
	164,979	283,428	(251,347)	197,060
Totals	164,979	288,428	(256,347)	197,060

3. Restricted Funds

Retro Cafes: Funds for this activity are provided by the Friends of Barnes Hospital.

4. Designated Reserves are in respect of replacement minibuses

FiSH may allocate part of its Unrestricted Funds to cover the cost of replacing its wheelchair adapted buses as they reach the end of their useful life. During 2023/24, the Charity committed £88,119 to the purchase of a new bus as a replacement for one of the three buses that RaKAT currently own and operate exclusively on behalf of FiSH. The initial cash payment of £21,319 was made in 2023/24, and payment of the outstanding balance (£66,800) has been delayed until the delivery of the bus.

The accounting values of the three buses are treated as restricted funds in the RaKAT CT accounts, and there is a formal agreement between FiSH and RaKAT CT covering their co-operation. Should the agreement between the two parties come to an end, the ownership of the buses would be transferred to FiSH.

5. Debtors

	2026 £	2025 £
Debtors		
Estimated Gift Aid recoverable	6,000	6,500
Due from Local authority	9,402	8,858
Sundry debtors and prepayments	1,762	579
Total Debtors in Balance Sheet	17,164	15,937

6. Current Liabilities

	2026 £	2025 £
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Creditors		
Balance due on new bus, payable by mid 2025	-	66,800
Sundry accruals	8,478	7,732
Provisions for desktop computer refurbishment	4,450	
HMRC	3,745	3,588
NEST pension contributions	349	340
Total Creditors in Balance Sheet	17,022	78,460

7. Analysis of staff costs, trustees' remuneration and expenses and the cost of key management personnel

Total wages and salaries of employees for the year amounted to £154,104 (2025: £146,212).

No employees received employment benefits of more than £60,000 during the current or prior year.

None of the trustees were paid any remuneration or received any other benefits (other than benefits received in the capacity of a beneficiary of the Charity or as a result of the normal trading and fundraising activities of the Charity on the same terms as other volunteers or members of the public) or expenses incurred as a trustee from the Charity during the current or prior year.

8. Staff numbers

	2026	2025
Management Staff	1	1
Administrative Staff	4	4
Total staff	5	5

Included in the above numbers 3 (2025: 3) are part-time employees.

9. Pensions

The Charity contributes to a defined contribution personal pension scheme on behalf of two of its employees. The pension cost charge for the year amounted to £1,794 (2025: £1,809).

10. Volunteers

The Charity relies on its volunteers to deliver substantially all of its services to FiSH members.

11. Members' Liability

The liability of the Company Members of the Charity is limited to £1. At the date of the financial statements, there were 48 Company Members.